

Pl	Stno	Name	Time													
M40 (1)			4.5 km 12 C													
			1(31)	2(32)	3(33)	4(34)	5(35)	6(36)	7(37)	8(39)	9(40)	10(41)	11(42)	12(49)	F	
1	1	Stefan Avramov Blue Stone	42:09	4:01 4:01	5:40 1:39	7:57 2:17	11:45 3:48	12:25 0:40	16:24 3:59	18:53 2:29	27:39 8:46	34:31 6:52	38:35 4:04	40:01 1:26	42:16 2:15	42:09
M45 (4)			4.5 km 12 C													
			1(31)	2(32)	3(33)	4(34)	5(35)	6(36)	7(37)	8(39)	9(40)	10(41)	11(42)	12(49)	F	
1	7	Kostadin Novakov Blue Stone	42:44	4:05 4:05	5:38 1:33	7:57 2:19	11:00 3:03	11:46 0:46	15:22 3:36	17:49 2:27	27:15 9:26	34:47 7:32	38:56 4:09	40:31 1:35	42:52 2:21	42:44
2	4	Robert Fredriksen Notodden O	44:49	4:33 4:33	6:11 1:38	8:27 2:16	11:57 3:30	13:11 1:14	17:20 4:09	19:55 2:35	29:26 9:31	37:01 7:35	41:16 4:15	42:43 1:27	44:57 2:14	44:49
3	5	Frøde Konst IL Tyrving	1:06:56	8:16 8:16	11:19 3:03	15:16 3:57	21:47 6:31	22:47 1:00	29:05 6:18	33:27 4:22	43:52 10:25	55:29 11:37	1:01:57 6:28	1:04:14 2:17	1:07:05 2:51	1:06:56
4	9	Alf Inge Lindtner Haugesund	1:18:50	7:33 7:33	10:28 2:55	14:38 4:10	21:51 7:13	23:21 1:30	30:31 7:10	35:05 4:34	49:46 14:41	1:03:20 13:34	1:11:32 8:12	1:14:16 2:44	1:18:57 4:41	1:18:50
M50 (4)			4.5 km 12 C													
			1(31)	2(32)	3(33)	4(34)	5(35)	6(36)	7(37)	8(39)	9(40)	10(41)	11(42)	12(49)	F	
1	13	Svein Nygård Lillomarka	36:58	4:08 4:08	5:41 1:33	7:55 2:14	11:04 3:09	11:41 0:37	15:04 3:23	17:15 2:11	24:01 6:46	30:09 6:08	33:46 3:37	35:08 1:22	37:06 1:58	36:58
2	124	Ståle Bråthen Modum	49:34	4:52 4:52	7:18 2:26	9:52 2:34	13:25 3:33	14:21 0:56	18:12 3:51	20:46 2:34	30:05 9:19	40:39 10:34	45:25 4:46	47:09 1:44	49:42 2:33	49:34
	11	Sigmund Vister Indre Østf	mp	4:38 4:38	----- 4:53	9:31 3:28	12:59 3:28	13:39 0:40	17:28 3:49	20:07 2:39	26:39 6:32	33:41 7:02	38:06 4:25	39:44 1:38	----- -----	45:13 5:29
	12	Emil Dimitrov Valdi Sofi	mp	4:25 4:25	6:04 1:39	8:24 2:20	12:15 3:51	13:02 0:47	17:21 4:19	20:04 2:43	----- -----	----- -----	----- -----	----- -----	----- -----	1:07:05 47:01
M55 (7)			4.5 km 12 C													
			1(31)	2(32)	3(33)	4(34)	5(35)	6(36)	7(37)	8(39)	9(40)	10(41)	11(42)	12(49)	F	
1	20	Leif Eriksson Modum OL	43:46	4:45 4:45	6:31 1:46	9:00 2:29	12:33 3:33	13:21 0:48	17:26 4:05	20:06 2:40	27:15 7:09	34:19 7:04	39:13 4:54	40:50 1:37	43:37 2:47	43:46 0:09
2	25	Erik Unaas Indre Østf	50:51	5:00 5:00	6:38 1:38	9:07 2:29	12:48 3:41	13:36 0:48	18:10 4:34	20:43 2:33	33:36 12:53	41:47 8:11	46:37 4:50	48:16 1:39	50:56 2:40	50:51
3	21	Kjell Einar Andersen Varteig OL	1:02:16	5:34 5:34	7:46 2:12	10:56 3:10	15:19 4:23	16:08 0:49	----- 12:35	28:43 13:38	42:21 13:38	51:33 9:12	56:30 4:57	58:17 1:47	1:02:22 4:05	1:02:16
4	28	Göran Mattsson Skåneslätt	1:04:48	8:02 8:02	12:14 4:12	16:32 4:18	22:53 6:21	23:55 1:02	29:19 5:24	33:19 4:00	43:18 9:59	53:12 9:54	59:37 6:25	1:01:52 2:15	1:04:55 3:03	1:04:48
5	22	Saxe Frøshaug Indre Østf	1:34:11	5:14 5:14	7:39 2:25	10:33 2:54	17:11 6:38	18:07 0:56	25:00 6:53	30:03 5:03	42:03 12:00	52:54 10:51	1:26:00 33:06	1:28:53 2:53	1:34:16 5:23	1:34:11
			15:55 *35													
	23	Jørn Haugerud Indre Østf	mp	4:36 4:36	----- 4:55	9:31 3:34	13:05 3:34	13:46 0:41	17:33 3:47	20:08 2:35	26:49 6:41	33:56 7:07	----- 4:28	38:24 4:28	41:31 3:07	41:27
	30	Joe Brautigam WCOG	mp	5:02 5:02	7:06 2:04	9:33 2:27	12:52 3:19	13:28 0:36	17:10 3:42	19:44 2:34	----- 2:34	36:54 17:10	41:20 4:26	43:04 1:44	45:41 2:37	45:33
			28:34 *47													
M60 (10)			4.0 km 11 C													
			1(42)	2(47)	3(39)	4(32)	5(33)	6(48)	7(34)	8(35)	9(31)	10(52)	11(49)		F	
1	43	Ulf Palmér Ulricehamn	29:35	1:29 1:29	5:37 4:08	8:34 2:57	13:24 4:50	15:34 2:10	18:28 2:54	20:20 1:52	20:55 0:35	23:35 2:40	28:52 5:17	29:42 0:50	29:35	
2	32	Sten Segerslätt Skåneslätt	43:15	1:42 1:42	6:45 5:03	10:49 4:04	19:53 9:04	23:10 3:17	27:13 4:03	30:22 3:09	31:26 1:04	35:13 3:47	42:11 6:58	43:19 1:08	43:15	
3	34	Trond Rønneberg Asker	43:58	2:28 2:28	8:59 6:31	13:54 4:55	21:03 7:09	24:21 3:18	28:51 4:30	32:17 3:26	33:11 0:54	36:46 3:35	42:56 6:10	44:04 1:08	43:58	
4	40	Per W. Torgersen Oddersjaa	45:03	1:34 1:34	6:56 5:22	11:48 4:52	18:18 6:30	22:00 3:42	27:24 5:24	30:50 3:26	32:12 1:22	37:03 4:51	44:07 7:04	45:10 1:03	45:03	
5	33	Ivar Refsland Tyrving	46:35	1:28 1:28	14:46 13:18	22:29 7:43	28:39 6:10	31:03 2:24	35:21 4:18	35:57 0:36	35:55 -----	39:59 4:04	45:52 5:53	46:42 0:50	46:35	

Pl	Stno	Name	Time														
M60 (10)			4.0 km 11 C			<i>(cont.)</i>											
				1(42)	2(47)	3(39)	4(32)	5(33)	6(48)	7(34)	8(35)	9(31)	10(52)	11(49)	F		
6	37	Erik Grøndalen Hamar OK	58:02	2:20 2:20	10:21 8:01	21:03 10:42	30:07 9:04	33:35 3:28	39:24 5:49	44:51 5:27	45:47 0:56	49:28 3:41	56:58 7:30	58:08 1:10	58:02		
7	42	Tomas Vängell Linköpings	1:03:39	2:40 2:40	11:01 8:21	16:53 5:52	28:36 11:43	33:09 4:33	40:18 7:09	44:23 4:05	45:59 1:36	51:50 5:51	1:02:05 10:15	1:03:45 1:40	1:03:39		
8	35	Bernt O. Myrvold Sarpsborg	1:09:02	2:58 2:58	12:22 9:24	19:13 6:51	31:55 12:42	37:04 5:09	43:45 6:41	48:37 4:52	50:11 1:34	56:56 6:45	1:07:28 10:32	1:09:08 1:40	1:09:02		
	36	Ketil Berge Vestre Ake	mp	4:13 4:13	9:14 5:01	13:18 4:04	21:13 7:55	23:40 2:27	-----	-----	-----	-----	52:29 28:49	-----	53:14 0:45		
	39	Terje Wiig Mathisen Nydalen	mp	28:32 28:32	-----	-----	-----	-----	-----	-----	-----	-----	30:22 1:50	31:12 0:50	32:24 1:12	4:22 *31	
				7:05 *35	8:00 *34	10:03 *48	12:57 *33	15:26 *32	22:13 *39	24:32 *47							
M65 (17)			3.5 km 12 C														
				1(51)	2(37)	3(33)	4(35)	5(34)	6(48)	7(31)	8(32)	9(41)	10(42)	11(52)	12(49)	F	
1	59	Tom A. Karlsen Fredriksta	33:25	4:12 4:12	7:04 2:52	10:01 2:57	13:37 3:36	14:34 0:57	16:40 2:06	20:29 3:49	22:36 2:07	29:08 6:32	30:44 1:36	32:38 1:54	33:33 0:55	33:25	
2	55	Dagfinn Haarr Oddersjaa	45:17	6:29 6:29	11:11 4:42	14:51 3:40	19:05 4:14	20:18 1:13	23:03 2:45	27:27 4:24	30:38 3:11	39:48 9:10	41:44 1:56	43:47 2:03	45:24 1:37	45:17	
3	65	Åge Eirik Mohus B Oriente	49:19	5:48 5:48	9:14 3:26	13:29 4:15	18:53 5:24	20:15 1:22	23:41 3:26	30:37 6:56	33:17 2:40	43:05 9:48	45:26 2:21	48:03 2:37	49:18 1:15	49:19 0:01	
4	64	Matthias Scherrer OLG Basel	51:46	5:28 5:28	9:09 3:41	13:08 3:59	19:00 5:52	20:25 1:25	28:06 7:41	33:31 5:25	36:17 2:46	46:03 9:46	48:08 2:05	50:54 2:46	51:52 0:58	51:46	
5	49	Erik Hodne Oddersjaa	54:33	8:30 8:30	13:02 4:32	16:41 3:39	21:47 5:06	22:44 0:57	26:18 3:34	34:38 8:20	37:15 2:37	46:34 9:19	51:09 4:35	53:29 2:20	54:36 1:07	54:33	
6	47	Dag Kristensen Skeidi OK	56:34	4:59 4:59	7:44 2:45	10:52 3:08	14:43 3:51	15:47 1:04	31:27 15:40	36:27 5:00	38:49 2:22	49:10 10:21	52:46 3:36	55:37 2:51	56:40 1:03	56:34	
7	60	Jan Ove Øen Stord	56:39	5:35 5:35	10:07 4:32	13:42 3:35	17:54 4:12	22:15 4:21	25:59 3:44	31:30 5:31	34:05 2:35	50:28 16:23	52:47 2:19	55:26 2:39	56:40 1:14	56:39	
8	45	Erling Strand Bergens Tu	59:01	7:23 7:23	12:17 4:54	18:08 5:51	25:03 6:55	26:25 1:22	30:09 3:44	37:05 6:56	40:17 3:12	51:48 11:31	54:34 2:46	57:39 3:05	59:07 1:28	59:01	
9	56	Svein W. Søreide Bergens Tu	59:44	8:07 8:07	12:59 4:52	18:52 5:53	25:46 6:54	27:11 1:25	30:52 3:41	37:44 6:52	41:05 3:21	52:26 11:21	55:18 2:52	58:30 3:12	59:50 1:20	59:44	
10	67	Seppo Väli-Klemelä Paimion Ra	59:53	9:48 9:48	13:44 3:56	18:44 5:00	24:06 5:22	25:27 1:21	28:24 2:57	38:13 9:49	41:53 3:40	52:53 11:00	55:18 2:25	58:29 3:11	1:00:00 1:31	59:53	
11	62	Jan Olav Ormberg Fana IL	1:00:28	7:27 7:27	11:56 4:29	17:20 5:24	23:52 6:32	25:25 1:33	30:05 4:40	37:35 7:30	40:48 3:13	53:00 12:12	55:43 2:43	58:48 3:05	1:00:29 1:41	1:00:28	
12	54	Magne Tauler Oddersjaa	1:00:37	5:39 5:39	22:31 16:52	26:19 3:48	31:33 5:14	32:55 1:22	36:25 3:30	41:35 5:10	44:03 2:28	54:28 10:25	56:34 2:06	59:11 2:37	1:00:40 1:29	1:00:37	
13	51	Peter Koolmeister Tampereen	1:04:27	10:06 10:06	15:47 5:41	21:15 5:28	27:59 6:44	29:33 1:34	34:06 4:33	41:46 7:40	45:10 3:24	56:58 11:48	59:40 2:42	1:02:48 3:08	1:04:31 1:43	1:04:27	
14	58	Svein Grønhovd Modum OL	1:06:38	12:40 12:40	18:14 5:34	23:39 5:25	30:11 6:32	31:44 1:33	36:23 4:39	43:57 7:34	46:59 3:02	59:12 12:13	1:02:22 3:10	1:05:22 3:00	1:06:41 1:19	1:06:38	
				7:57 *31													
15	66	Ove Gunnar Jacobsen Stokke IL	1:11:43	13:22 13:22	19:53 6:31	26:15 6:22	33:43 7:28	35:59 2:16	40:02 4:03	47:41 7:39	51:18 3:37	1:02:58 11:40	1:06:39 3:41	1:09:48 3:09	1:11:46 1:58	1:11:43	
16	52	Anders Bjørkaas Askvoll og	1:15:44	9:28 9:28	15:26 5:58	22:20 6:54	31:09 8:49	32:58 1:49	38:24 5:26	47:33 9:09	51:40 4:07	1:06:06 14:26	1:09:41 3:35	1:13:48 4:07	1:15:49 2:01	1:15:44	
17	57	Martin Linge Johnse Norway	1:28:19	6:07 6:07	12:44 6:37	34:44 22:00	42:46 8:02	44:03 1:17	57:11 13:08	1:04:34 7:23	1:09:19 4:45	1:22:18 12:59	1:24:45 2:27	1:27:21 2:36	1:28:25 1:04	1:28:19	
M70 (16)			3.4 km 13 C														
				1(31)	2(48)	3(34)	4(35)	5(36)	6(32)	7(37)	8(38)	9(51)	10(41)	11(42)	12(52)	13(49)	F
1	69	Ilmars Limbens OK Sigulda	36:26	5:19 5:19	10:01 4:42	12:19 2:18	13:14 0:55	17:38 4:24	19:21 1:43	20:25 1:04	22:48 2:23	26:00 3:12	31:13 5:13	32:51 1:38	35:37 2:46	36:32 0:55	36:26
2	91	Timo Peltola MS Parma	38:07	5:08 5:08	9:50 4:42	13:09 3:19	13:58 0:49	18:31 4:33	20:16 1:45	21:22 1:06	24:02 2:40	27:27 3:25	32:51 5:24	35:28 2:37	37:22 1:54	38:15 0:53	38:07

Pl	Stno	Name	Time														
M70 (16)			3.4 km 13 C			<i>(cont.)</i>											
			1(31)	2(48)	3(34)	4(35)	5(36)	6(32)	7(37)	8(38)	9(51)	10(41)	11(42)	12(52)	13(49)	F	
3	94	Timo Rapakko Suomosjärvi	39:49	5:05 5:05	10:20 3:54	14:14 0:55	15:09 4:21	19:30 2:10	21:40 1:10	22:50 2:44	25:34 3:18	28:52 6:08	35:00 1:49	36:49 2:01	38:50 1:02	39:49 1:02	
4	95	Jon Roll Færden Kolbotn	40:56	4:49 4:49	9:51 5:02	12:31 2:40	13:14 0:43	17:58 4:44	21:43 3:45	22:50 1:07	25:52 3:02	29:26 3:34	35:38 6:12	37:25 1:47	40:04 2:39	41:02 0:58	40:56
5	83	Tom Bugge Byåsen IL	43:09	5:05 5:05	11:10 6:05	15:44 4:34	16:31 0:47	21:14 4:43	23:16 2:02	25:57 2:41	28:50 2:53	32:24 3:34	38:12 5:48	39:57 1:45	42:20 2:23	43:16 0:56	43:09
6	90	Lars Martin Gjein Stokke IL	50:26	7:02 7:02	13:01 5:59	16:49 3:48	17:53 1:04	24:05 6:12	26:44 2:39	28:18 1:34	31:39 3:21	36:01 4:22	44:20 8:19	46:39 2:19	49:27 2:48	50:32 1:05	50:26
7	92	Jorma Ryyänänen Pihkan	54:55	6:19 6:19	13:40 7:21	16:48 3:08	17:58 1:10	23:20 5:22	25:53 2:33	27:31 1:38	31:05 3:34	36:29 5:24	47:38 11:09	49:58 2:20	53:03 3:05	54:59 1:56	54:55
8	72	Ove Thorsson IK Trenne	55:42	9:06 9:06	16:10 7:04	19:15 3:05	20:16 1:01	26:54 6:38	30:02 3:08	31:44 1:42	35:02 3:18	40:14 5:12	48:45 8:31	51:28 2:43	54:22 2:54	55:47 1:25	55:42
9	78	Nils Olav Vennevik Freidig	59:57	10:08 10:08	17:55 7:47	21:08 3:13	22:25 1:17	29:26 7:01	33:01 3:35	34:54 1:53	38:42 3:48	44:21 5:39	52:40 8:19	55:23 2:43	58:17 2:54	1:00:03 1:46	59:57
10	80	Jörgen Ahlqvist Sundbyberg	1:03:48	6:17 6:17	11:28 5:11	14:06 2:38	15:00 1:54	29:06 6:17	35:23 2:40	38:03 1:42	39:45 1:42	43:15 3:30	47:25 4:10	56:05 8:40	58:49 2:44	1:02:14 3:25	1:03:48 1:38
11	75	Carl Ove Berg Skeidi OK	1:04:57	6:04 6:04	11:37 5:33	21:43 10:06	22:45 1:02	28:17 5:32	30:47 2:30	32:04 1:17	43:21 11:17	47:20 3:59	58:38 11:18	1:00:44 2:06	1:03:46 3:02	1:05:04 1:18	1:04:57
12	82	Jan Olof Hansson Idefjorden	1:34:44	11:02 11:02	20:59 9:57	38:17 17:18	39:58 1:41	48:50 8:52	52:48 3:58	54:46 1:58	1:02:09 7:23	1:10:51 8:42	1:23:55 13:04	1:28:41 4:46	1:32:44 4:03	1:34:40 1:56	1:34:44 0:04
13	81	Bengt Karlsson Idefjorden	1:35:24	11:39 11:39	21:36 9:57	38:54 17:18	40:37 1:43	49:35 8:58	53:24 3:49	56:15 2:51	1:02:44 6:29	1:11:32 8:48	1:24:40 13:08	1:29:27 4:47	1:33:22 3:55	1:35:18 1:56	1:35:24 0:06
					1:35:28 *49												
	84	Tore Berntsen Søgne og S	mp	5:58 5:58	10:50 4:52	17:59 7:09	18:44 0:45	23:24 4:40	25:33 2:09	26:43 1:10	29:56 3:13	34:21 4:25	----- 16:19	50:40 2:37	53:17 1:12	54:29 1:12	54:23
	85	Floke Bredland Søgne og S	mp	7:06 7:06	14:06 7:00	24:23 10:17	26:04 1:41	----- 10:45	36:49 -----	----- -----	----- -----	----- -----	1:16:13 39:24	1:19:45 3:32	1:22:14 2:29	1:22:10	
					21:51 *35	1:01:31 *39											
	93	Lars Lundström Helsingin	mp	12:48 12:48	21:21 8:33	25:13 3:52	26:46 1:33	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	59:01 32:15	
					44:01 *31												
M75 (3)			3.3 km 11 C														
			1(42)	2(38)	3(37)	4(36)	5(48)	6(34)	7(32)	8(31)	9(51)	10(52)	11(49)	F			
1	96	Helge Bjaaland Heming Ori	45:01	1:42 1:42	9:10 7:28	11:09 1:59	14:10 3:01	20:48 6:38	23:23 2:35	29:35 6:12	32:07 2:32	36:35 4:28	43:49 7:14	45:08 1:19	45:01		
2	98	Sven Erik Forsell Skåneslett	1:02:59	2:30 2:30	10:23 7:53	13:35 3:12	17:46 4:11	25:33 7:47	31:13 5:40	43:09 11:56	46:08 2:59	----- -----	----- -----	1:02:57 16:49	1:02:59 0:02		
3	99	Egil Ronæss Porsgrunn	1:15:39	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	1:15:39 1:15:39		
M80 (1)			3.0 km 9 C														
			1(51)	2(32)	3(36)	4(35)	5(34)	6(48)	7(31)	8(42)	9(52)	F					
1	104	Einar Jørundland OK Sør	53:35	9:14 9:14	13:19 4:05	16:46 3:27	24:55 8:09	26:54 1:59	31:55 5:01	39:40 7:45	48:29 8:49	52:15 3:46	53:35 1:20		53:40 *49		
Open (7)			3.0 km 9 C														
			1(51)	2(32)	3(36)	4(35)	5(34)	6(48)	7(31)	8(42)	9(52)	F					
1	46	Lennart Tägtström Domnarvet	45:32	8:21 8:21	11:16 2:55	13:56 2:40	19:42 5:46	21:31 1:49	26:21 4:50	32:50 6:29	40:44 7:54	44:10 3:26	45:32 1:22				
2	147	Janne Herseth Norway	45:53	6:17 6:17	9:22 3:05	13:57 4:35	21:01 7:04	22:11 1:10	30:06 7:55	35:37 5:31	42:22 6:45	44:47 2:25	45:53 1:06		45:55 *49		
3	107	Frøydis Berg Skeidi OK	55:06	8:33 8:33	12:36 4:03	16:19 3:43	24:57 8:38	28:01 3:04	32:35 4:34	40:30 7:55	50:33 10:03	----- -----	55:06 4:33		55:11 *49		

Pl	Stno	Name	Time													
Open (7)			3.0 km 9 C			<i>(cont.)</i>										
			1(51)	2(32)	3(36)	4(35)	5(34)	6(48)	7(31)	8(42)	9(52)	F				
4	106	Per Kristensen Skeidi OK	55:11	8:31	12:44	16:22	24:56	27:56	32:39	40:33	50:29	----	55:11	55:13		
				8:31	4:13	3:38	8:34	3:00	4:43	7:54	9:56		4:42	*49		
5	125	Inger Lise Uhlen Modum	59:31	10:36	13:36	16:24	23:13	24:49	35:27	46:36	55:38	58:28	59:31	59:37		
				10:36	3:00	2:48	6:49	1:36	10:38	11:09	9:02	2:50	1:03	*49		
6	112	Halla Hodne Oddersjaa	1:05:37	10:20	14:44	19:16	27:31	30:20	38:15	47:27	59:57	1:03:44	1:05:37	1:05:43		
				10:20	4:24	4:32	8:15	2:49	7:55	9:12	12:30	3:47	1:53	*49		
7	555	Reserve	1:17:29	13:31	23:49	30:29	40:58	44:36	----	55:05	1:10:10	1:15:03	1:17:29	1:17:33		
				13:31	10:18	6:40	10:29	3:38		10:29	15:05	4:53	2:26	*49		
W21 (1)			4.5 km 12 C													
			1(31)	2(32)	3(33)	4(34)	5(35)	6(36)	7(37)	8(39)	9(40)	10(41)	11(42)	12(49)	F	
1	132	Siliya Gincheva Valdi Sofi	43:35	4:35	7:32	10:00	13:36	14:23	18:19	20:50	29:04	35:55	39:59	41:27	43:43	43:35
				4:35	2:57	2:28	3:36	0:47	3:56	2:31	8:14	6:51	4:04	1:28	2:16	
W45 (2)			4.5 km 12 C													
			1(31)	2(32)	3(33)	4(34)	5(35)	6(36)	7(37)	8(39)	9(40)	10(41)	11(42)	12(49)	F	
1	140	Susanne Maibach SUI	56:05	5:59	8:16	11:27	16:34	17:37	22:33	25:46	35:05	43:57	50:34	52:39	56:09	56:05
				5:59	2:17	3:11	5:07	1:03	4:56	3:13	9:19	8:52	6:37	2:05	3:30	
	134	Valya Dimitrova Valdi Sofi	mp	5:59	8:26	11:50	17:43	18:37	24:38	28:50	40:47	56:15	----	1:02:05	1:06:41	1:06:37
				5:59	2:27	3:24	5:53	0:54	6:01	4:12	11:57	15:28		5:50	4:36	
W50 (1)			4.0 km 11 C													
			1(42)	2(47)	3(39)	4(32)	5(33)	6(48)	7(34)	8(35)	9(31)	10(52)	11(49)		F	
1	138	Karin Hornfelt Skadvintun	58:16	1:53	8:51	13:49	26:03	30:14	35:49	39:41	41:19	47:29	57:00	58:23	58:16	
				1:53	6:58	4:58	12:14	4:11	5:35	3:52	1:38	6:10	9:31	1:23		
W55 (9)			4.0 km 11 C													
			1(42)	2(47)	3(39)	4(32)	5(33)	6(48)	7(34)	8(35)	9(31)	10(52)	11(49)		F	
1	144	Päivi Annila Tampereen	42:59	1:41	8:06	15:14	21:49	24:39	29:35	32:11	33:13	36:26	42:13	43:05	42:59	
				1:41	6:25	7:08	6:35	2:50	4:56	2:36	1:02	3:13	5:47	0:52		
2	153	Pavlina Brautigam WCOG	45:05	1:37	7:25	11:43	18:29	22:01	26:23	29:23	30:17	35:09	43:45	45:12	45:05	
				1:37	5:48	4:18	6:46	3:32	4:22	3:00	0:54	4:52	8:36	1:27		
3	152	Guri Bjørndal Byåsen IL	46:07	1:43	7:05	10:57	18:08	20:52	25:25	28:02	28:57	38:38	45:16	46:12	46:07	
				1:43	5:22	3:52	7:11	2:44	4:33	2:37	0:55	9:41	6:38	0:56		
4	155	Åsa Melkersson OK Pan	53:39	1:59	9:58	15:53	25:40	29:18	36:17	40:14	41:47	45:42	52:40	53:46	53:39	
				1:59	7:59	5:55	9:47	3:38	6:59	3:57	1:33	3:55	6:58	1:06		
5	148	May Rognlien Modum OL	1:02:18	2:57	11:13	17:35	29:17	34:20	40:22	44:12	45:38	51:30	1:01:08	1:02:25	1:02:18	
				2:57	8:16	6:22	11:42	5:03	6:02	3:50	1:26	5:52	9:38	1:17		
6	150	Pia Vångell Linköpings	1:03:36	2:37	11:11	17:03	28:41	33:17	40:17	44:21	45:58	51:55	1:02:11	1:03:43	1:03:36	
				2:37	8:34	5:52	11:38	4:36	7:00	4:04	1:37	5:57	10:16	1:32		
7	154	Maija Salmi Helsingin	1:06:02	2:21	10:26	18:31	29:35	33:56	43:28	47:47	48:18	54:51	1:04:42	1:06:08	1:06:02	
				2:21	8:05	8:05	11:04	4:21	9:32	4:19	0:31	6:33	9:51	1:26		
	141	Christina Segerlätt Skåneslätt	mp	2:31	9:42	----	31:26	35:24	----	----	----	53:22	1:02:03	1:03:55	1:03:49	28:23
				2:31	7:11		21:44	3:58				17:58	8:41	1:52		*31
	149	Anne Haugerud Indre Østf	mp	1:39	6:20	10:13	15:50	18:14	22:40	25:50	----	29:32	35:15	36:10	36:04	
				1:39	4:41	3:53	5:37	2:24	4:26	3:10		3:42	5:43	0:55		
W60 (16)			3.5 km 12 C													
			1(51)	2(37)	3(33)	4(35)	5(34)	6(48)	7(31)	8(32)	9(41)	10(42)	11(52)	12(49)	F	
1	167	Sirpa Lilja Modum	37:43	4:10	9:08	12:03	15:29	18:07	20:13	24:10	26:09	33:03	34:38	36:54	37:49	37:43
				4:10	4:58	2:55	3:26	2:38	2:06	3:57	1:59	6:54	1:35	2:16	0:55	
2	166	Siri Økstad Oddersjaa	38:06	4:46	7:38	11:02	15:22	16:39	19:18	23:24	25:51	33:07	34:39	37:12	38:12	38:06
				4:46	2:52	3:24	4:20	1:17	2:39	4:06	2:27	7:16	1:32	2:33	1:00	
3	169	Gerd Bjørseth Krokstadør	43:20	5:14	8:25	12:08	17:14	18:30	21:36	26:24	28:57	37:04	38:58	42:23	43:27	43:20
				5:14	3:11	3:43	5:06	1:16	3:06	4:48	2:33	8:07	1:54	3:25	1:04	

Pl	Stno	Name	Time													F		
W60 (16)			3.5 km 12 C			<i>(cont.)</i>												
			1(51)	2(37)	3(33)	4(35)	5(34)	6(48)	7(31)	8(32)	9(41)	10(42)	11(52)	12(49)	F			
4	168	Mari Louise Lundgre Stora Tuna	48:08	----	12:04	16:07	21:22	22:45	25:43	31:03	33:29	42:39	44:40	47:05	48:15	48:08		
5	171	Lisa Annersand OK Tyr	58:08	7:42	10:45	16:00	24:08	25:33	31:48	36:30	41:15	51:57	54:03	56:52	58:11	58:08		
6	158	Marianne Thorsson IK Trenne	58:45	6:29	12:02	16:45	22:19	26:48	30:42	36:41	39:22	52:25	54:48	57:47	58:53	58:45		
7	161	Kristil Kristensen Skeidi OK	1:00:54	7:55	13:49	20:19	26:57	28:37	32:40	41:03	43:57	54:54	57:04	59:58	1:01:01	1:00:54		
8	160	Lise Havik Asker	1:06:11	7:55	14:57	20:03	26:00	27:47	32:15	38:29	41:45	55:04	57:45	1:04:49	1:06:16	1:06:11		
9	202	Jansson Lena PWT	1:09:11	10:29	15:36	22:07	30:19	32:04	36:50	44:26	48:18	1:01:01	1:04:00	1:07:38	1:09:17	1:09:11		
10	163	Bente Grøndalen Hamar OK	1:19:16	10:36	15:36	22:07	30:19	32:04	36:50	44:26	48:18	1:01:01	1:04:00	1:07:38	1:09:17	1:09:11		
11	165	Gunvor Blakstad Oddersjaa	1:21:59	-----	23:39	30:23	39:51	41:20	45:58	53:39	57:00	1:10:56	1:13:56	1:17:50	1:19:20	1:19:16		
	156	Elle-Merete Melbye Heming Ori	mp	9:04	15:55	23:20	32:15	35:14	40:19	51:12	55:13	1:10:52	1:14:26	1:20:02	1:22:07	1:21:59		
	157	Anna Lena Mårtenss SMOL	mp	9:04	6:51	7:25	8:55	2:59	5:05	10:53	4:01	15:39	3:34	5:36	2:05			
	162	Lena Hammer Vestre Ake	mp	-----	-----	-----	-----	-----	-----	-----	20:59	-----	1:05:11	1:10:09	-----	1:14:23		
	166	Kjellrun Sporild Malvik IL	mp	7:28	22:55	28:32	-----	-----	-----	49:23	53:00	-----	44:12	4:58	-----	4:14		
	170	Maikka Väli-Klemelä Karkki-Ras	mp	7:28	15:27	5:37	-----	-----	-----	20:51	3:37	-----	-----	-----	-----	1:10:06		
	172		mp	9:09	14:18	19:33	-----	-----	-----	37:31	41:01	52:14	54:49	58:00	59:28	59:22		
	177		mp	9:09	5:09	5:15	-----	-----	-----	17:58	3:30	11:13	2:35	3:11	1:28			
	179		mp	-----	-----	-----	-----	-----	-----	-----	21:06	-----	1:04:48	1:10:13	-----	1:12:53		
	180		mp	7:47	12:27	17:43	-----	-----	-----	22:39	25:24	37:20	43:42	5:25	2:40			
				7:47	4:40	5:16	-----	-----	-----	4:56	2:45	11:56	43:42	5:25	2:40	2:40		
													40:05	43:16	-----	44:33		
													2:45	3:11	1:17	1:17		
W65 (4)			3.4 km 13 C															
			1(31)	2(48)	3(34)	4(35)	5(36)	6(32)	7(37)	8(38)	9(51)	10(41)	11(42)	12(52)	13(49)	F		
1	177	Unni Strand Karlsen Fredriksta	36:59	4:32	9:07	11:50	12:54	16:51	18:55	19:55	22:08	28:02	32:51	34:26	36:10	37:07	36:59	
2	179	Gerda Øen Stord	46:12	4:32	4:35	2:43	1:04	3:57	2:04	1:00	2:13	5:54	4:49	1:35	1:44	0:57		
3	176	Margareta Ahlqvist Sundbyberg	59:40	6:34	12:47	15:33	16:29	22:05	24:37	26:02	29:04	33:29	40:51	42:52	45:18	46:16	46:12	
4	180	Astrid Ormberg Fana IL	1:07:17	6:34	6:13	2:46	0:56	5:36	2:32	1:25	3:02	4:25	7:22	2:01	2:26	0:58		
				9:59	16:47	21:08	27:15	33:13	35:28	36:51	39:44	44:15	52:35	55:40	58:18	59:46	59:40	
				9:59	6:48	4:21	6:07	5:58	2:15	1:23	2:53	4:31	8:20	3:05	2:38	1:28		
				6:34	13:48	17:59	19:47	34:22	37:14	39:18	43:02	49:33	59:22	1:02:17	1:05:36	1:07:23	1:07:17	
				6:34	7:14	4:11	1:48	14:35	2:52	2:04	3:44	6:31	9:49	2:55	3:19	1:47		
W70 (8)			3.3 km 11 C															
			1(42)	2(38)	3(37)	4(36)	5(48)	6(34)	7(32)	8(31)	9(51)	10(52)	11(49)		F			
1	187	Britt Forsell Pirozzi Skåneslett	47:28	2:01	9:08	11:52	15:18	22:02	27:44	34:22	36:56	39:28	46:10	47:35	47:28			
2	196	Katariina Peltola MS Parma	48:00	2:04	10:07	12:57	16:36	22:24	26:13	33:29	36:10	38:31	46:55	48:06	48:00			
3	193	Åse Flydal BUL TROMSO	49:49	2:04	8:03	2:50	3:39	5:48	3:49	7:16	2:41	2:21	8:24	1:11				
4	184	Toril Riddervold Heming Ori	52:27	2:25	10:43	12:58	16:27	24:33	28:34	34:51	37:54	41:58	48:49	49:56	49:49			
5	190	Torill Nebell Mikkelse Berger og	55:57	2:25	8:18	2:15	3:29	8:06	4:01	6:17	3:03	4:04	6:51	1:07				
6	192	Else-Margrethe Bred Søgne og S	57:32	2:20	9:28	11:24	25:41	31:29	35:11	40:28	42:34	45:42	51:35	-----	52:27			
7	186	Anne Marit Færden Kolbotn	1:11:21	2:20	7:08	1:56	14:17	5:48	3:42	5:17	2:06	3:08	5:53	-----	0:52			
8	191	Torhild N. Halvorsen Søgne og S	1:41:23	2:04	10:32	14:04	18:23	26:56	30:24	38:41	41:45	46:48	54:42	56:02	55:57			
				2:04	8:28	3:32	4:19	8:33	3:28	8:17	3:04	5:03	7:54	1:20				
				2:30	11:22	15:17	19:25	27:37	33:17	41:07	44:37	47:40	56:00	57:38	57:32			
				2:30	8:52	3:55	4:08	8:12	5:40	7:50	3:30	3:03	8:20	1:38				
				2:46	12:28	16:13	21:03	30:33	43:01	54:32	57:33	1:01:23	1:10:02	1:11:27	1:11:21	51:21		
				2:59	9:42	3:45	4:50	9:30	12:28	11:31	3:01	3:50	8:39	1:25		*31		
				2:59	24:57	30:13	36:14	52:23	1:06:08	1:16:46	1:22:56	1:28:29	1:39:07	1:41:27	1:41:23			
				2:59	21:58	5:16	6:01	16:09	13:45	10:38	6:10	5:33	10:38	2:20				

Pl	Stno	Name	Time											
W75 (2)			3.0 km 9 C											
			1(51)	2(32)	3(36)	4(35)	5(34)	6(48)	7(31)	8(42)	9(52)	F		
1	198	Anne-Lise B. Ronæs	50:17	7:39	11:23	14:53	21:45	24:23	28:47	36:02	45:19	48:43	50:17	<i>50:17</i>
		Porsgrunn		7:39	3:44	3:30	6:52	2:38	4:24	7:15	9:17	3:24	1:34	<i>*49</i>
2	201	Gudveig Jørundland	52:36	8:37	12:27	15:55	24:05	26:05	31:17	38:51	47:47	51:28	52:36	<i>52:42</i>
		OK Sør		8:37	3:50	3:28	8:10	2:00	5:12	7:34	8:56	3:41	1:08	<i>*49</i>